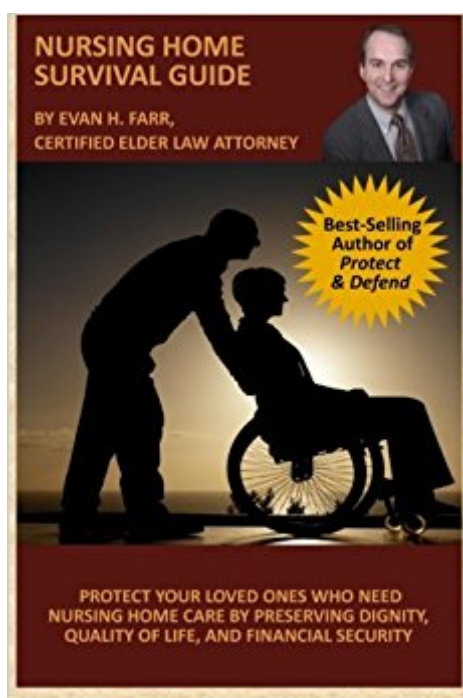


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# Nursing Home Survival Guide: Helping You Protect Your Loved Ones Who Need Nursing Home Care By Preserving Dignity, Quality Of Life, And Financial Security



## Synopsis

As a result of the aging of our population and the fact that Americans are living longer than ever before, more Americans are developing chronic illnesses that require long-term care, and we all face increasingly difficult challenges and more transitions in our lives than ever before. One of the most difficult transitions that Americans must face for themselves and their loved ones is the "final move" – a transition that's made by over 40% of the American population – the move to a nursing home. Rich, poor, or somewhere in between, 99 percent of Americans can't afford to ignore the potentially catastrophic costs of nursing home care and other types of long-term care, such as assisted living and in-home care. In fact, long-term care costs are so high that 70 percent of Americans become impoverished within a year of entering a nursing home. Chances are that someone close to you has lost their dignity and their life savings by winding up broke in a nursing home. This Nursing Home Survival Guide is designed to provide much-needed information and answers to the important questions you will encounter as you go through this challenging transition. The Nursing Home Survival Guide is the definitive guide for helping you protect your loved ones who need nursing home care by preserving their dignity, quality of life, and financial security. This book provides invaluable information and guidance to families dealing with the possibility of nursing home care and struggling to make the best decisions for themselves or their loved ones. If you're a Baby Boomer or older, this book also helps you gain the peace of mind of knowing that there are ways to not outlive your money. Author Evan Farr is the creator of the Living Trust Plus Asset Protection System used by dozens of Estate Planning and Elder Law Attorneys around the country, and is widely recognized as one of the foremost experts in the nation in the field of Medicaid Asset Protection and related Trusts. A nationally-renowned Best-Selling author and frequent educator of attorneys across the U.S., Evan is known as the "expert to the experts," having educated tens of thousands of attorneys across the country, and now in this book is using his mastery of the subject to educate consumers about the ever-changing landscape of nursing home care in America and, most importantly, how to get the best care and how pay for that care without going broke. In 25 easily readable and understandable chapters, Mr. Farr covers diverse topics ranging from the basics -- what is a nursing home, what is long-term care, what is the caregiver's role, how do you select the best facility, what does Medicare cover, how to get the best long-term care insurance -- to the advanced, such as Veterans Aid & Attendance Planning, Medicaid Asset Protection, Pre-Need Medicaid Planning, and Medicaid Crisis Planning. Along the way he provides a valuable Nursing Home Evaluation Tool, answers many Frequently Asked Questions about Medicaid, covers the important topic of Why Medicaid Planning is Ethical, and

provides valuable Medicaid Case Studies showing the application of some of the most common Medicaid Asset Protection strategies to real-life situations. This book also has chapters on Moving your Loved One, How to Get The Best Possible Care, The Rights of Nursing Home Residents, Recognizing Abuse & Neglect, What to do if You Suspect Abuse or Neglect, Estate and Incapacity Planning, and How to Find the Best Lawyer.

## **Book Information**

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## **Customer Reviews**

Evan Farr is widely recognized as one of the leading Elder Law attorneys in the United States and one of foremost experts in the Country in the field of Medicaid Asset Protection and related Trusts. Evan Farr has been quoted or cited as an expert by numerous sources, including the Washington Post, Newsweek Magazine, Northern Virginia Magazine, Trusts & Estates Magazine, The American Institute of Certified Public Accountants, and the American Bar Association, and has been featured as a guest speaker on numerous radio shows, including WTOP and Washington Post Radio. Evan has been named by SuperLawyers.com as one of the top 5% of Elder Law and Estate Planning attorneys in Virginia every year since 2007, and in the Washington, DC Metro Area every year since 2008. In 2011, Evan was named by Washingtonian Magazine as one of the top attorneys in the Washington, DC Metropolitan area, and was named in Newsweek Magazine as one of the top attorneys in the country. Evan is a nationally renowned author and frequent educator of attorneys across the U.S. As an expert to the experts, Evan has educated tens of thousands of attorneys across the country through speaking and writing for numerous national legal organizations. As an expert to the experts, Evan has educated tens of thousands of attorneys across the country

through speaking and writing for organizations such as the National Academy of Elder Law Attorneys (NAELA), the American Law Institute-American Bar Association (ALI-ABA), the National Business Institute (NBI), the Virginia Academy of Elder Law Attorneys (VAELA), the Virginia Bar Association (VBA), Virginia Continuing Legal Education (Virginia CLE) , and the District of Columbia Bar Association. His publications include a popular book entitled *The Virginia Nursing Home Survival Guide*, pictured below and available through , numerous articles that have appeared in the popular press, and numerous scholarly publications for the legal profession, including two legal treatises published by and available through ALI-ABA: *Planning and Defending Asset Protection Trusts* and *Trusts for Senior Citizens*. Evan is also a Reiki Master and the founder of the non-profit foundation ROSE (Reiki Outreach Center for Elders).

Detailed and incredibly helpful!

We were looking for a nursing home for my mother. It was an emotionally gut-wrenching time for us. I wasn't sure how she would pay for it, since it was so expensive (around \$12,000 a month in our area). This would have depleted all of her assets quickly. This book helped us deal with the transition and explained how Medicaid asset protection works, in a way in which we could understand it. I highly recommend Evan Farr as an author and attorney. He is a true expert when it comes to elder law and estate planning!

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